

LIGHTHOUSE ELEMENTARY SCHOOL

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February 13, 2024

Dear 5th Grade Parents,

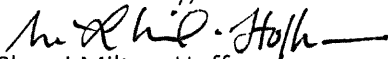
Each year, the 5th grade students in the Anchor Bay School District receive instruction in a state-mandated and board approved program on Human Growth and Development. The program will be conducted the week of March 18th for the 5th grade students at Lighthouse Elementary. An outline of the course content has been attached for you to review. Mrs. LaPorte, our PE teacher at Lighthouse, presents this material separately to the girls and boys. The lessons are presented in an objective manner with the teachers maintaining a rapport with the students that makes them comfortable asking questions within an atmosphere of seriousness.

In order to give parents, the opportunity to preview all materials and ask any questions, Anchor Bay School District will hold a Parent Awareness Night for parents of all 5th graders. This district meeting will be held at Lighthouse Elementary Library/Media Center (enter Door #2) on **Thursday, February 29th at 6:00 pm**. Materials, films and filmstrips will be available for parent viewing on this evening. We hope you will take advantage of our parent preview night.

A permission slip is required for all 5th grade students to participate in this program. You do, of course, have the right to exclude your son/daughter from all or part of this instruction. We ask that you return the lower portion of this letter; or you may choose to bring it with you the evening of the Parent Meeting. This form must be returned ***NO LATER THAN Friday, March 15th, 2024.***

Parents who have questions about the Parent Meeting or the program should call our office. We are looking forward to this year of partnership.

Yours sincerely,


Sherri Milton-Hoffman
Principal


Carol LaPorte
Physical Education Teacher

RETURN BY Friday, March 15th, 2024

Student Name: _____ Teacher: _____

- () Yes, my son/daughter may attend all lessons.
- () Please excuse my son/daughter from all lessons.
- () Please excuse my son/daughter from the following lessons:

Parent Signature: _____ Date: _____

Vision: Educational Excellence Together

Mission: Empowering all students to succeed in an ever changing world.

Course Name: Growing to Maturity

Grade Level: 5th

Course Description:

Growing to Maturity is designed to help young adolescents answer their first questions about the period between childhood and adulthood.

Provide the factual information that students need at these ages and to help give them reassurances and confidence during the adolescent years.

Course Objectives:

1. To prepare the 5th grade students with the basic physical changes of puberty including social and emotional changes during this time of growth and change.
2. To provide accurate information and understanding of the human reproductive system, STI's (Sexually Transmitted Infections) and AIDS.

Lessons

Puberty - A time for change - Physical Changes - Emotional and Social Changes.

Male Reproductive System - Parts and Functions - Erection, Ejaculation and Nocturnal Emissions

Female Reproductive - Parts and Functions - Menstrual Cycle - Ovulation.

Health Risks - Communicable Disease – STI's /AIDS